

GPE.

Discover Carrington House.

126/130 Regent Street, Soho, W1R 5FE.

Fitted
workspace

[GPE.CO.UK/PORTFOLIO/CARRINGTON-HOUSE](https://gpe.co.uk/portfolio/carrington-house)



Availability.

6,957 sq ft of fitted space available now at Carrington House

Floor	Desks	Sq ft	Highlight	Availability
1st Floor West	22	2,105	3 meeting rooms, kitchen area, breakout space and phone pod	Q4 2025
3rd Floor West	22	2,120	Welcome area, 3 meeting rooms, phone pod and collaboration area	Q4 2025
3rd Floor East	34	2,732	3 meeting rooms, phone pod, focus room, kitchen area and breakout space	Q4 2025



Overview.

Built in the 1920s, Carrington House is an attractive Grade II Listed building positioned prominently on the east side of Regent Street.

Carrington House comprises of 5 floors of workspace, including a welcoming reception and well-appointed end of trip facilities. Our fitted offering provides you with ready-to-move-in workspace.

From the design specification to customer services, every detail is considered and covered.

Located in the West End, offering contrasting experiences of the best London has to offer, exclusive Mayfair boasts world-class shopping, dining and luxury at every corner. Iconic Regent Street is buzzing with atmosphere and eclectic Soho gives an edgier and creative vibe.



Building size –
31,100 sq ft



Bike storage



Showers



24-hour access
and security



On-site
reception



Centrally located
on Regent Street



Location.



Carrington House has access to 7 tube lines via 4 tube stations, including Oxford Circus, Piccadilly Circus, Leicester Square and Bond Street, with the new Elizabeth Line.

Charing Cross overground station is also just a short walk away. These nearby stations connect to 3 airports: Heathrow, Gatwick and London City.



Carrington House.

Travel times from Oxford Circus

04
minutes

King's Cross
St. Pancras

- Circle
- Northern
- Piccadilly
- Victoria

06
minutes

Euston

- Northern
- Victoria

09
minutes

Bank

- Central
- Northern
- Waterloo & City
- DLR

11
minutes

Baker Street

- Bakerloo
- Circle
- Jubilee
- Hammersmith & City

Travel times from Bond Street (via Elizabeth Line)

03
minutes

Paddington

12
minutes

Liverpool Street

15
minutes

Canary Wharf

32
minutes

Heathrow

Amenities.

Eat

- 01 Heddon Street Kitchen
- 02 Motcombs
- 03 The Life Goddess
- 04 Antidote Wine Bar
- 05 Brasserie Zedel
- 06 Dirty Bones Soho
- 07 Mountain
- 08 Dehesa

Drink

- 09 Grind Coffee
- 10 The French House
- 11 Cahoots
- 12 Masons Arms
- 13 Hideaway Coffee House
- 14 Ronnie Scott's
- 15 Bar Americain


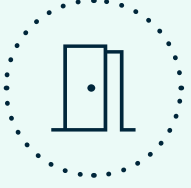

Experience



- 16 Carnaby Street
- 17 Savile Row
- 18 Royal Academy of Arts
- 19 Third Space Gym
- 20 Sounds of the Universe
- 21 Golden Square
- 22 Liberty London
- 23 The Photographers' Gallery
- 24 Halcyon Gallery
- 25 Fortnum & Mason



Floorplan.

1st Floor West

-  2,105 sq ft
-  22 desks
-  3 meeting rooms
-  Kitchen area

-  Breakout area
-  Phone pod





Kitchen area



Workspace





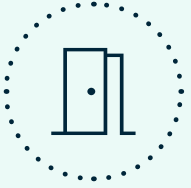

10-person meeting room



Breakout space

Floorplan.

3rd Floor West

-  2,120 sq ft
-  22 desks
-  3 meeting rooms
-  Welcome area

-  Kitchen area
-  Collaboration area
-  Phone pod





Workspace

Carrington
House.



Workspace



Welcome area



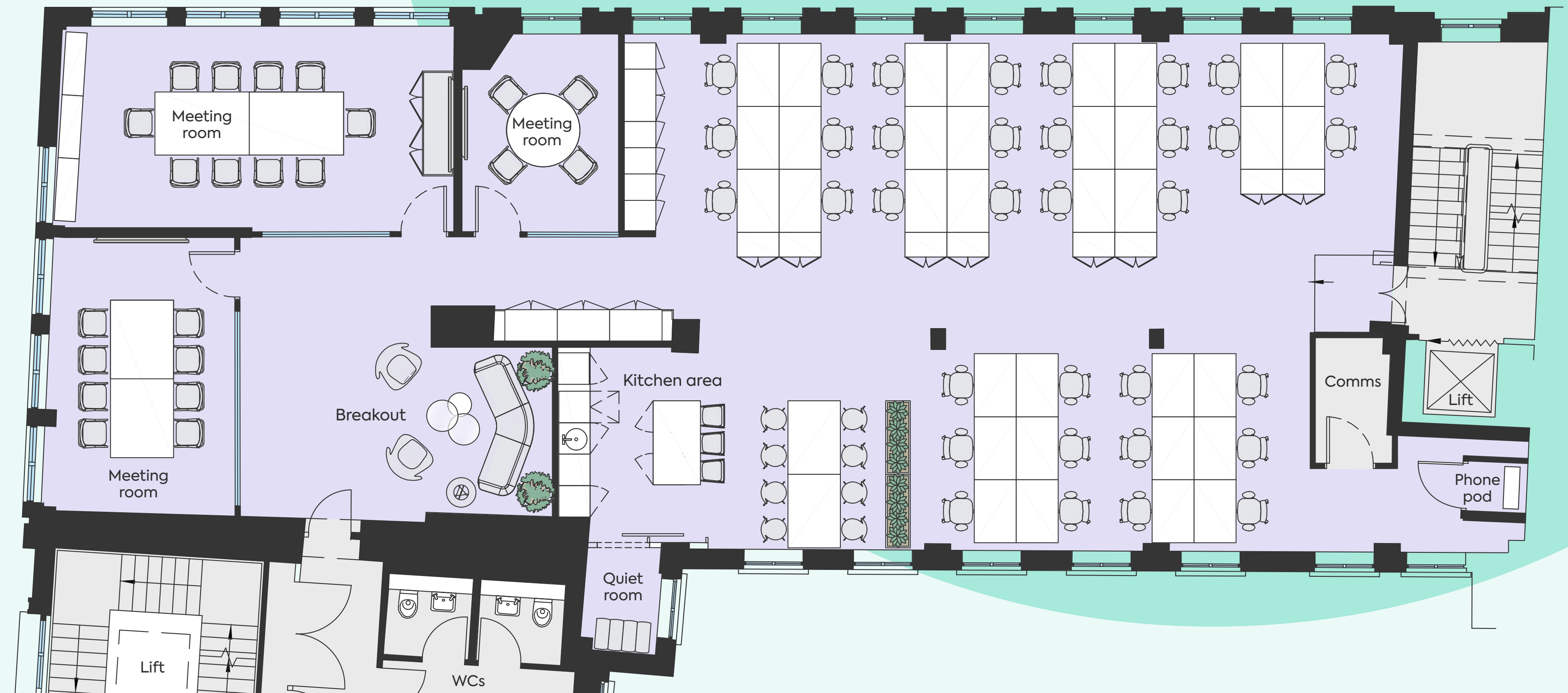
Breakout area

Floorplan.



3rd Floor East

-  2,732 sq ft
-  34 desks
-  3 meeting rooms
-  Kitchen area
-  Breakout area
-  Phone pod
-  Quiet room





Kitchen & breakout area



10-person meeting room



Welcome area & meeting room



Workspace

Contact.

For more information, please contact a member of the team:



Joseph Mishon
joseph.mishon@colliers.com
+44 (0) 7876 724 488

Sophie Crosbie
sophie.crosbie@colliers.com
+44 (0) 7936 338 778



Alex Walters
alex.walters@realestate.bnpparibas
+44 (0) 7900 607 055

Alex Hunt
alex.hunt@realestate.bnpparibas
+44 (0) 7717 493 802

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